

What Is a Point

Contestants should only stop at the command of the Center Referee and not a Corner Judges call.

A point is a technique which meets all the following requirements during the play and before the play stops:

1. A legal weapon placed with the required amount of contact to a legal scoring area.
2. Contestant showed purpose and focus with the technique.
3. Technique which had enough speed and force to disable his/her opponent if carried through to the target area (attacking arm or leg must have $\frac{3}{4}$ extension after reaching target area).