

## **Non-Contact**

Means there is not contact to the opponent.

To score a point with a non-contact technique it must satisfy the following conditions:

1. Be close enough to target area so if actually carried through, it would be able to strike with a  $\frac{3}{4}$  bent elbow (the closeness of the body in relation to his/her opponent is a deciding factor).
2. Have enough speed and force to disable his/her opponent if carried through to target area.
3. Contestant demonstrated purpose and focus with the technique.