

Senior Division

A competitor may elect to enter the Senior Division when their age is 35 or older.

All competitors must enter only the divisions specified for by their sex, age, and time of training or rank which ever is greater.

A competitor can elect to go up a division of experience but not down in experience.

Once a competitor elects to go up a division in experience he/she may never go back down in level of experience. The competitor must from then on, enter all future tournaments at the rank of experience or age in which the competitor moved up.

Example: A competitor earns a brown belt at a school and has since competed in a tournament as a brown belt. After some time he changes schools and starts at the rank of white belt in the new school. If the student enters a tournament, he must compete as a brown belt because he has in the past competed as a brown belt.

If you enter a tournament and the tournament does not offer a division for your experience level or combines your division due to the 3 competitor rule and places you in a division of higher experience, you have not violated the division rule and may continue to compete in your regular division.